

# ADULT ADHD - 2021

## Approach

Difficulties with attention, forgetfulness and emotional regulation can pretty much interfere with everything else in your life i.e. life, work, studies and relationships. I specialize in ADHD and am very familiar with the challenges and opportunities it presents. I will be asking specific questions and focus on those behavior symptoms that are closely related to ADHD. This will give me a better understanding of how it plays a role in your overall situation, history and areas of functioning that are most impacted.

## Process

The process takes approximately 5 hours to complete. This involves an initial meeting, standardized assessments, completing checklists/questionnaires, scoring, analysis, integration and summary report writing. We will discuss the results, strengths and recommendations tailored to your needs.

The results can be used to access academic accommodations for college or university, to apply for MENSA or other high stakes entry exams and special grants. It is not only of use to post-secondary students, but for adults who seek reasonable accommodations in the workplace.

## Cost

The flat rate includes professional fees and all assessment instruments, questionnaires, checklists and educational hand-outs.

Discussion of results with a formal report is of **\$1,500**.

Discussion of results without a formal report (verbal feedback only) is **\$1,300**.

Additional documentation is charged at **\$200 p/h**. Sometimes clients ask for a referral letter to a physician or a letter to their employer or to complete additional forms. We can review this pending the outcome of the assessment and your particular needs at the time.