

## CAREER OR VOCATIONAL ASSESSMENT & COUNSELLING - 2025

### Approach

My approach to career counseling focuses on values, motivation, interests, personality and the way in which you think and learn. Integrating the assessments results, questionnaires and other data in a holistic way will give us clear guidelines as to the broad fields and/or occupational categories most suitable to your natural cognitive functioning, personal values, worldview and personality, so as to ensure alignment with your prospective career/venture.

### Process

The process is spread out over a period of approximately 6-8 weeks. It involves an initial meeting, standardized assessments, completing checklists/self-reflection exercises, scoring, analysis, integration and formal report writing. We will discuss the results, strengths and recommendations for career, personal and professional development during a feedback session to ensure a full understanding of the evaluation and to support initial decisions for your next steps.

The end goal is to walk away with a plan that includes recommendations that is tailored specifically to you. The value of a comprehensive career assessment is applicable to high-school students looking for career direction and potential vocational alternatives. For post-secondary students and adults, it is valuable if you are at a time in your life where you are considering a career or occupational change.

### Cost

The flat rate includes professional fees and all assessment instruments, questionnaires, checklists and educational hand-outs.

Discussion of results with a formal report is **\$3,240**.

Discussion of results without a formal report (verbal feedback only) is **\$2,760**.